July 28, 2024			
Definition of Lament	Defin		
To lament is toexpress to God: regret, grief,			
sorrow, pain, or confusion.	sorro		
Why Lament?	Why		
Life is and God us to bring our	Life is		
troubled and restless hearts to him.	troub		
How do we Lament?	How		
Keep Turning To Psalm 27:7-8	0 Ke		
Bring Your Psalm 142:1-2	🛛 Bri		
Ask Psalm 55:1-2	🛚 As		
Ochoose To Psalm 13:5-6	🕑 Ch		
What does Lament teach us?	What		
Lament Poem #1: Lamentations 1	Lame		
Lament awakens us to sin's on others and calls	≻ Lo		
us to over our own sin.	us		
Lament Poem #2: Lamentations 2	Lame		
Lament reminds us that God is and will judge	≻ Lo		
sin.	si		
Lament Poem #3: Lamentations 3	Lame		
Lament our hope in God's unfailing love and	≻ Lo		
enduring promises.	er		
Lament Poem #4: Lamentations 4	Lame		
Lament teaches us to put our ultimate in	> Lo		
God, not human leaders.	G		
Lament Poem #5: Lamentations 5	Lame		
Lament reveals our desperate need for God's	> Lo		

	Good Grief: Learning	g The Lost Art	of Lament
	Learning From La	ment: Lamen	tations 5
	-	28, 2024	
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\triangleright	Lament reminds us that Go	d is	and will judge
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	Lament teaches us to put o	ur ultimate	in
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La	ment Poem #5: Lamentatior	าร 5	
\triangleright	Lament reveals our desperc	ate need for G	od's
	that is unleashed through _		