

Good Grief: Learning The Lost Art of Lament

Learning From Lament: Lamentations 1

June 9, 2024

Background Information

Title: _____?

Author: _____, the Weeping Prophet

Structure: A collection of 5 _____ (dirges) of lament

Setting: The destruction of _____ by the Babylonians.

Lament Poem #1: Jerusalem's _____

Jeremiah's Lament over Jerusalem (1-11)

The Description of the Devastation

The Cause of the Devastation

Jerusalem's Self-Lament (12-22)

Jerusalem's call to those who witnessed her destruction (12-19)

Jerusalem's call to God to judge her enemies (20-22)

Lamentations 1 Lament Lessons

❶ Lament highlights two types of God's instruction through pain.

~ _____ Discipline: Suffering the consequences of our sin.

~ _____ Discipline: The Lord allows us to suffer for reasons that, whether we understand or not, he ultimately is going to use to glorify himself.

❷ Lament _____ us to sin's impact on others.

❸ Lament calls us to _____ over our own sin.

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Sermon Discussion Guide

Getting Started

What captured your attention from the Sermon?

Sermon Discussion

Read Romans 8:28, Hebrews 12:7-11

Discuss the difference between God's corrective discipline and his instructive discipline and how they relate to lament.

Read Matthew 23:37-39

Why did Jesus lament over Jerusalem?

How should Lamentations and lamenting reorient our thinking about the brokenness of others and the world around us?

Read Romans 7:15-20;24-25

How can we use the pain of our sin to direct us to our hope in Christ?

Read Psalm 51:1-4

How can we tell if we are really grieving over our sin?

What are the benefits of lamenting our sin?

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